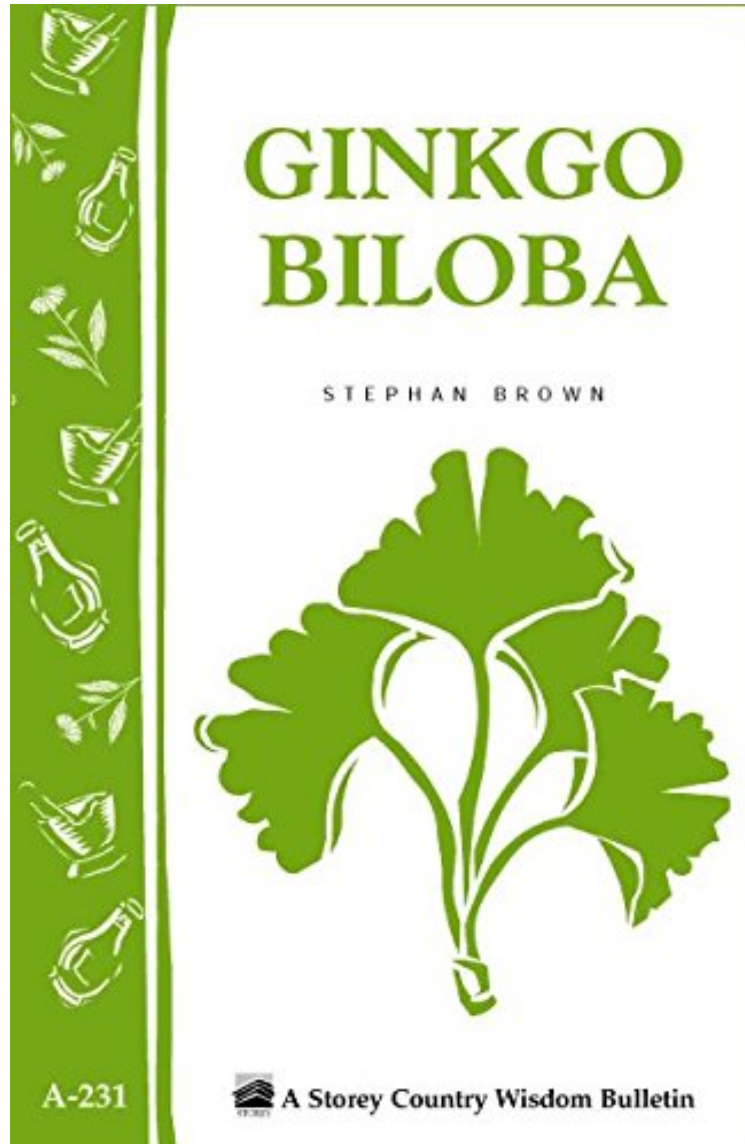


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Ginkgo biloba has been proven to improve short-term memory, alleviate allergies, relieve depression, and boost circulation. In Ginkgo Biloba, ginkgo farmer Stephan Brown shows you how to successfully grow ginkgo as a cash crop or for your own use. He also shares his recipes for making a range of healing remedies, from teas, tinctures, and tonics to a hearty and delicious Ginkgo Chicken Stew, which helps the immune system fight off colds and flus.

About the AuthorStephan Brown is the owner and herbal formulator of Great Cape Herbs of Cape Cod, Massachusetts.