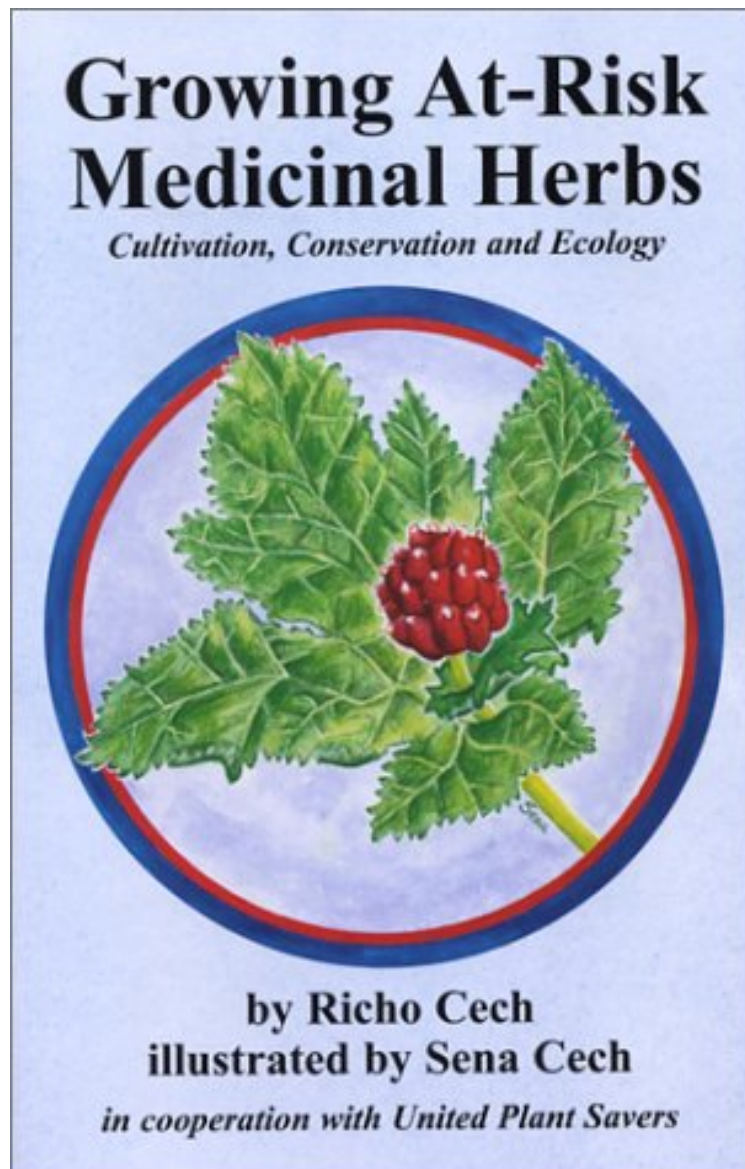


(Download free ebook) Growing At-Risk Medicinal Herbs, Cultivation, Conservation and Ecology

# Growing At-Risk Medicinal Herbs, Cultivation, Conservation and Ecology

*Richo Cech*

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#1791578 in Books 2002-10-17Ingredients: Example Ingredients #File Name: 0970031211323 pages | File size: 34.Mb

**Richo Cech : Growing At-Risk Medicinal Herbs, Cultivation, Conservation and Ecology** before purchasing it in order to gage whether or not it would be worth my time, and all praised Growing At-Risk Medicinal Herbs, Cultivation, Conservation and Ecology:

3 of 3 people found the following review helpful. well organized and fun! I love this book  
By Doria McGahey  
All the information you need, well organized and fun! I love this book, it was worth every penny! I planted some of the "At-Risk" plants in the book this fall.....using Richo's knowledge and experience hopefully I won't have to make too many of my own mistakes!  
1 of 1 people found the following review helpful. Just what I wanted.  
By KnitterMama  
What an amazing collection of information. Very thorough and covers a ton of the at risk medicinals. Can't wait to get my black cohosh established. Anyone interested in herbalism needs to be interested in protecting our plants from over-harvesting as well. This, as well as United Plant Savers, is a vital resource.  
15 of 15 people found the following review helpful. An impeccable resource  
By Israel Slick  
This book is essential for any serious medicinal herb grower or for those simply interested the history and conservation of at risk medicinal plants. Many of the plants addressed in this book are somewhat difficult to cultivate but Richo imparts his observations and experience accrued from a lifetime of experience in the field to the reader, effectively facilitating their propagation. The botanical information alone is much more exhaustive than anything that I've encountered anywhere else.  
Besides need for individuals to cultivate at-risk medicinals for the sake of conservation, one will find that many of these plants are mainstays in the arsenal of any respectable herbalist. For those of us who prefer to cultivate our own medicinal plants, this book is an essential resource. Also Richo offers seeds, root cuttings, and live plants detailed in this book from his seed company, Horizon Herbs. In my encounters with him, I have found him to be extremely gracious and helpful in answering any questions that I have had.  
I am including a list of all of the herbs which are addressed in this book as that seemingly pertinent bit of information is lacking from 's description:  
Black Cohosh  
Bloodroot  
Blue Cohosh  
Echinacea  
American Ginseng  
Goldenseal  
Kava Kava  
Lady's Slipper  
Orchid  
Lomatium  
Osha  
Peyote  
Slippery Elm  
Stillingia  
Sundew  
Trillium  
False Unicorn  
True Unicorn  
Venus Flytrap  
Virginia Snakeroot  
American Wild Yam  
Note: While completing this review, I discovered that it is no longer offered from Horizon Herbs, from whence I purchased my copy. However, it is offered on another major site that sells used books for under \$20. I would assume that it is currently out of print, so please don't hesitate in securing a copy for yourself!

This book is about plant conservation through cultivation. These plants are becoming rare because their native habitat is shrinking and because they are challenging to grow. Growing "at-risk" medicinal plants depends on conserving or creating the environment that harbors them. It is my sincere hope that gardeners and conservationists will use this book to help preserve wild places and as solid ground for fostering and protecting our irreplaceable native medicinal plants.

Richo has taken some of the most difficult plants imaginable and figured out what they need in order to grow --  
Michael Moore, 2002  
This book is a valuable, original contribution to the medicinal plant and horticultural literature. --  
Steven Foster, 2002  
From the Publisher  
Beautiful, powerful and increasingly rare native medicinal plants are among the most valuable life forms remaining on earth. It is now up to gardeners everywhere to foster, protect, conserve and utilize this great diversity...  
From the Author  
One late evening in July I was weeding among the corn plants out in the garden. In the western sky, a portentous, red-clouded sunset slowly gave way to a sparkling crescent moon. In the eastern sky, gathering storm clouds shuttered the glowing stars, sending a grumble of thunder across the mountainside. My hands felt their way between the turgid cornstalks, fingers pushing through a light crust into the still-warm depths of the soil. The roots of the manure-fed crab grass stretched as I pulled, then came free with a satisfying, muted sound of tearing. I shook out the dirt and tossed the weeds on the path behind me. Pushing the newly loosened soil back around the corn plants, I left in my dark wake a perfect row, free to grow and buttressed against the wind. A frog tuned up in the nearby pond. I stopped weeding, gazed again at the moon and realized that it is through nurturing the soil and growing plants that we humans can return to the earth a little of what we owe. I found myself at that moment in balance with all life and happy to be alive. Those of us who have the opportunity to garden are truly blessed. May we all find ourselves in the garden, and dedicate our work to the benefit of all beings.