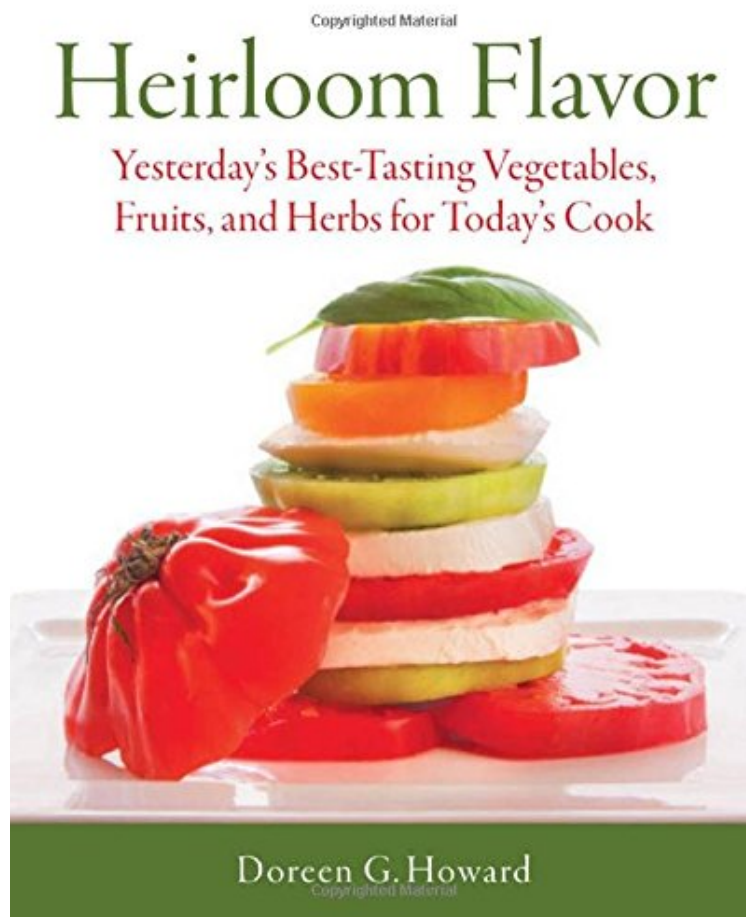


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Heirloom Flavor: Yesterday's Best-Tasting Vegetables, Fruits, and Herbs for Today's Cook

Doreen G. Howard

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Doreen G. Howard : Heirloom Flavor: Yesterday's Best-Tasting Vegetables, Fruits, and Herbs for Today's Cook before purchasing it in order to gage whether or not it would be worth my time, and all praised Heirloom Flavor: Yesterday's Best-Tasting Vegetables, Fruits, and Herbs for Today's Cook:

0 of 0 people found the following review helpful. This is my favorite topic-too bad!By VictoriaI'm sorry, but the book is rather bland. I think she might be a beginner in the field. The vegetables are very commonplace as heirlooms go and the recipes are dull. For someone who is already using heirlooms, this is a big yawn.0 of 0 people found the following review helpful. Excellent bookBy joedragynThe recipes add additional value. Very down-to-earth and practical from someone with real experience. Highly recommend to both gardeners and food connoisseurs.0 of 0 people found the following review helpful. Fun read.By Doc A.Enjoyable. Common sense. Solid opinions.

Heirloom vegetables, herbs, and fruits are back in favor as gardeners and food lovers seek more nutritious and flavorful edibles. The unusual varieties of heirloom seeds still available today produce edibles that provide a mouthful of flavor unlike anything ever experienced from hybrid varieties. Heirloom Flavor features eighteen types of heirloom edibles and is enriched with beautiful full-color photographs, interesting stories, and fascinating history. Includes recipes and cooking tips, how-to-grow tips, and how-to-select at Farmer's Markets. A "must have" for foodies and cooks.

From the Back Cover How long has it been since youve really tasted good food, since youve eaten any vegetables or fruits that even have flavor?