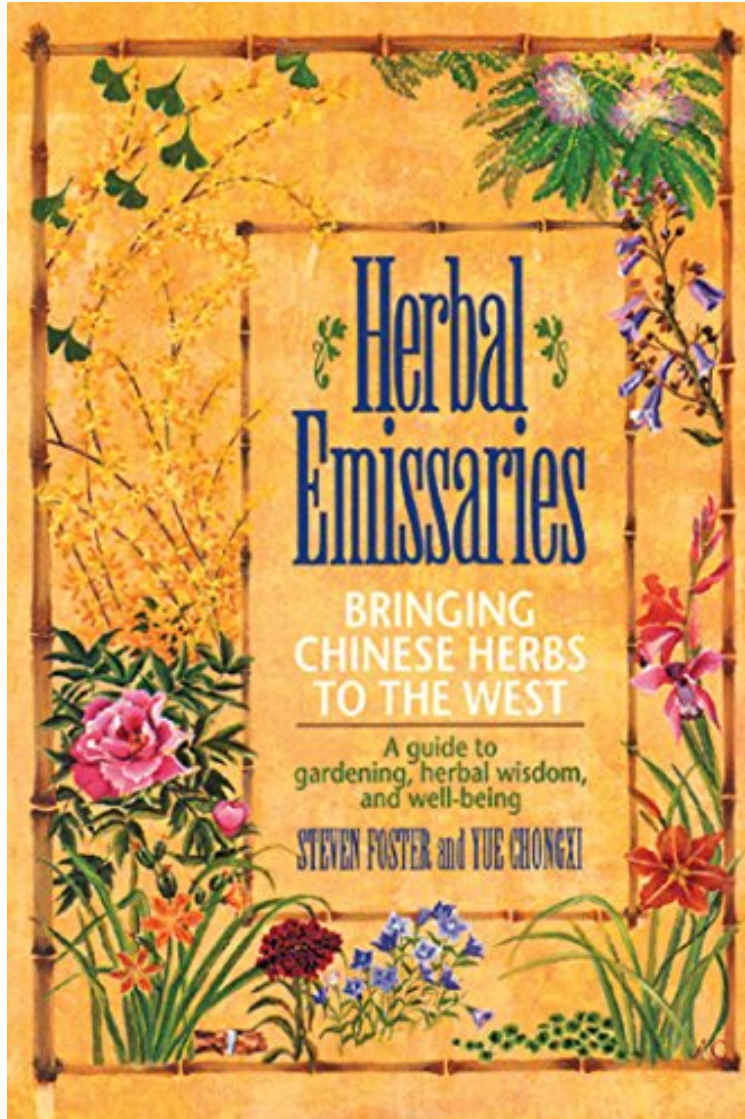


Herbal Emissaries

Steven Foster, Yue Chongxi
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#362818 in Books Healing Arts Press 1992-04-01 1992-04-01 Original language: English PDF # 1 9.00 x .80 x 6.00, 1.32 #File Name: 0892813490356 pages | File size: 78.Mb

Steven Foster, Yue Chongxi : Herbal Emissaries before purchasing it in order to gauge whether or not it would be worth my time, and all praised Herbal Emissaries:

0 of 0 people found the following review helpful. It's a KeeperBy Blanche A. Douma Good information, and a very good reference. 0 of 0 people found the following review helpful. Five StarsBy Pleased customer!! Very happy 0 of 0 people found the following review helpful. Five StarsBy Customer Such a beautiful book

This extensive and engaging book--the first collaboration between a Chinese scientist and an American author and herbalist--blends traditional wisdom from both cultures with scientific verification of the medical effectiveness of many ancient Chinese plants, thereby deepening our knowledge of and appreciation for ornamentals whose usefulness extends far beyond their beauty. More plants have been introduced from China to American and European gardens than from any other part of the world. Many of the Asian species grown as ornamentals--such as daylilies, forsythia, gardenia, peonies, crape myrtle, and mums--are widely used in traditional Chinese medicine. The authors supply specific techniques for cultivating Chinese herbs and flowers in Western gardens, as well as for using them medicinally.

From Library Journal Since 1949, China has worked to integrate traditional Chinese medicine (TCM) and modern Western medicine, so that today both systems are used, along with a blend of the two. TCM is now researched using scientific methods at institutions such as the Academy of Traditional Chinese Medicine in Beijing, where Chongxi is a pharmacognosist. He has also authored numerous works on herbal medicine. Foster has authored several herb books (and coauthored the Peterson Field Guide to Medicinal Plants, Houghton, 1990). The authors introduce Western readers to a blend of the two systems by describing about 50 plants used in TCM that are also known to Westerners as ornamentals, weeds, or herbs (e.g., day lilies, gardenias, honeysuckle, privet, and forsythia). They cover in detail the uses, history, dosage, descriptions, cultivation, and processing of each plant. An excellent resource for alternative medicine collections.- Katharine Galloway Garstka, Intergraph Corp., Huntsville, Ala. Copyright 1992 Reed Business Information, Inc. "An authoritative guide to 44 common Chinese medicinal herbs grown in the U.S. but seldom regarded for their medicinal properties." (Natural Health) ". . . a detailed, readable guide to Chinese herbs, ornamental shrubs and flowering plants, and their medicinal uses." (Booklist, ALA)". . . a valuable addition to plant science." (American Herb Association)" Since 1949, China has worked to integrate traditional Chinese medicine (TCM) and modern Western medicine, so that today both systems are used, along with a blend of the two. TCM is now researched using scientific methods at institutions such as the Academy of Traditional Chinese Medicine in Beijing, where Chongxi is a pharmacognosist. He has also authored numerous works on herbal medicine. Foster has authored several herb books (and coauthored the Peterson Field Guide to Medicinal Plants, Houghton, 1990). The authors introduce Western readers to a blend of the two systems by describing about 50 plants used in TCM that are also known to Westerners as ornamentals, weeds, or herbs (e.g., day lilies, gardenias, honeysuckle, privet, and forsythia). They cover in detail the uses, history, dosage, descriptions, cultivation, and processing of each plant. An excellent resource for alternative medicine collections." (Library Journal (Wednesday, July 01, 1992) Katharine Galloway Garstka, Intergraph Corp., Huntsville,) About the Author Steven Foster is the author of Echinacea: Nature's Immune Enhancer and coauthor of the Peterson Field Guide to Medicinal Plants. An expert on the source plants of traditional Chinese medicine, Prof. Yue Chongxi (C.H. Yueh) has served since 1956 as pharmacognosist with the Institute of Chinese Materia Medica, Academy of Traditional Chinese Medicine, Beijing.