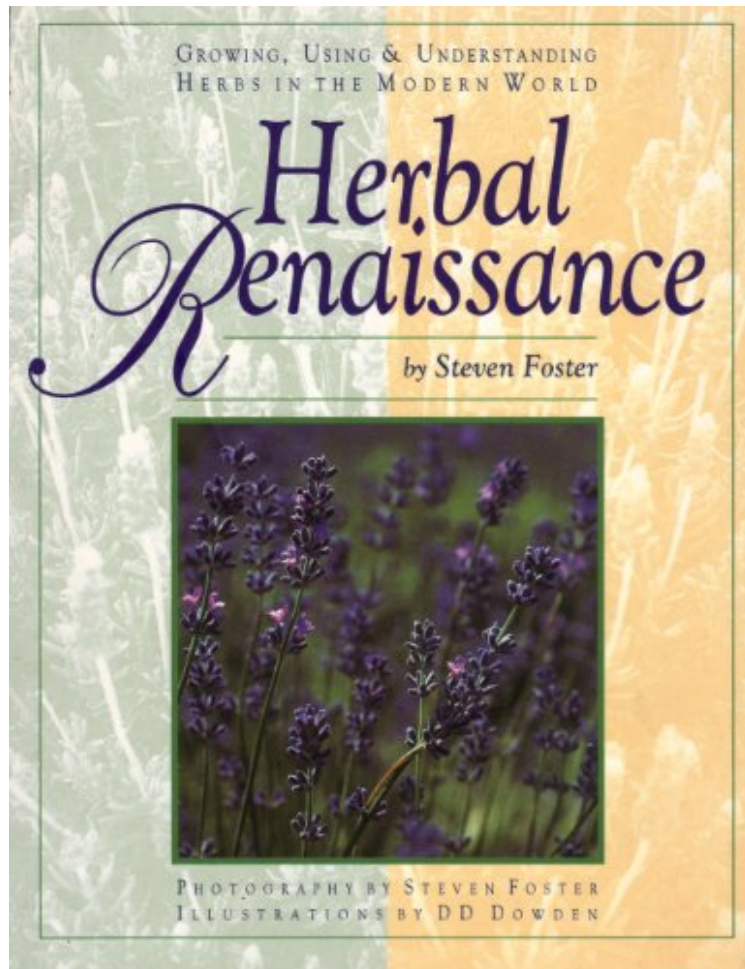


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# Herbal Renaissance, Growing, Using Understanding Herbs in the Modern World: Growing, Using Understanding Herbs in the Modern World

*Steven Foster*

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Unlike the reviewer Mr. Landendorf, I find the material in this book easily accessible for my gardening needs. This book is not merely a planting chart, (though it contains the planting chart info also). As the word 'Renaissance' in the title implies, the information concerning each herb is many-faceted. It includes each herb's history, uses, plant characteristics, chemical compounds, toxins (if any), considerations, factors and instructions in growing the herb, drying or preserving instructions (or not) etc., etc. The herbs featured, are not just the common culinary ones or just the more usually discussed of the medicinals. There is a broad and in-depth coverage of the lesser-knowns as well.

This book is about growing, using and understanding herbs in the modern world.