

(Ebook free) Herbal Soap Making: A Simple guide to making Herbal Soaps that Cleanse the Pours and Nurtures the Body

## **Herbal Soap Making: A Simple guide to making Herbal Soaps that Cleanse the Pours and Nurtures the Body**

*Kayla Bennett*


*audiobook / \*ebooks / Download PDF / ePub / DOC*

# HERBAL SOAP MAKING

A Simple guide to making  
Herbal Soaps that Cleanse the Pores  
and Nurtures the Body



 Download

 Read Online

#4256018 in Books Kayla Bennett 2014-07-22Original language:EnglishPDF # 1 9.00 x .10 x 6.00l, .15  
#File Name: 150064680640 pagesHerbal Soap Making A Simple Guide to Making Herbal Soaps That  
Cleanse the Pours and Nurtures the Body | File size: 74.Mb

**Kayla Bennett : Herbal Soap Making: A Simple guide to making Herbal Soaps that Cleanse the Pours and Nurtures the Body** before purchasing it in order to gage whether or not it would be worth my time, and all praised Herbal Soap Making: A Simple guide to making Herbal Soaps that Cleanse the Pours and Nurtures the Body:

3 of 3 people found the following review helpful. Lye and oils are supposed to be measured by weight. Every soap maker knows this. If you use these recipes, please run it through a lye calculator and do not use a measuring cup or spoon to measure lye! Ever! The goats milk recipe doesn't even explain how goats milk can burn if you pour lye into it and how important it is to either freeze goats milk first or put it in an ice bath. Anyone can write a recipe book that says "mix this with this and this and this and set overnight" but there is a LOT more that you need to know about a soap recipe before attempting it, especially how lye chemically reacts with different oils, milks, and other liquids. These things are important to know.

1 of 1 people found the following review helpful. Great guide. I really love this book! I have a few soap making books and I seen this one using herbs and had to pick it up. I am more than happy with the instructions and tips on how to successfully make my own herbal soap. The book is clear, precise, and simple, which for me is great. I do this has a hobby and this has proven to be a really fun book. It was really great and I recommend!

0 of 0 people found the following review helpful. Simple, easy to read introduction to soap making. Each method is presented clearly and includes a list of pros and cons for the particular method. I highly recommend this book to all beginning soap makers!

#1 Book on Making Herbal Soaps! Soaps are a regular part of our daily routines. They range from bath soaps, to laundry soaps, to detergents. The obvious function is to help us stay clean in every way. They make us feel fresh and smell nice every day. Despite their popular and wide usage, these soaps can cause many skin related problems and respiratory problems as well. The problem lies in the artificial ingredients used during the manufacturing process. This not only affects us negatively, it also has effects on the environment. While the need for soaps cannot be ignored, the impact that they have on our bodies and on the environment cannot go unnoticed as well. The solution to the dilemma is to create homemade soaps from scratch. The idea is to use all natural materials that are good for both the body and the environment. There are many other powerful benefits to be gained from this as well. This book explores the varied concepts and ideas related to homemade soap making combined with natural herb use. Read on and discover the world of herbal soap making and enjoy the unique luxury that they can give. Our lives can be enriched for the better just by taking advantage of nature's little ways of helping us. Here is a Preview of what You will Learn... -Herbal Soap Basics - Tools and Equipment need -Herbal Soap Ingredients -A Simple Soap making process -The Master Tips Tricks and Advice for Soap Making -List of the best Natural and Herbal Ingredients -Herbal Soap Recipes - And Much Much More! So don't delay download your copy today!