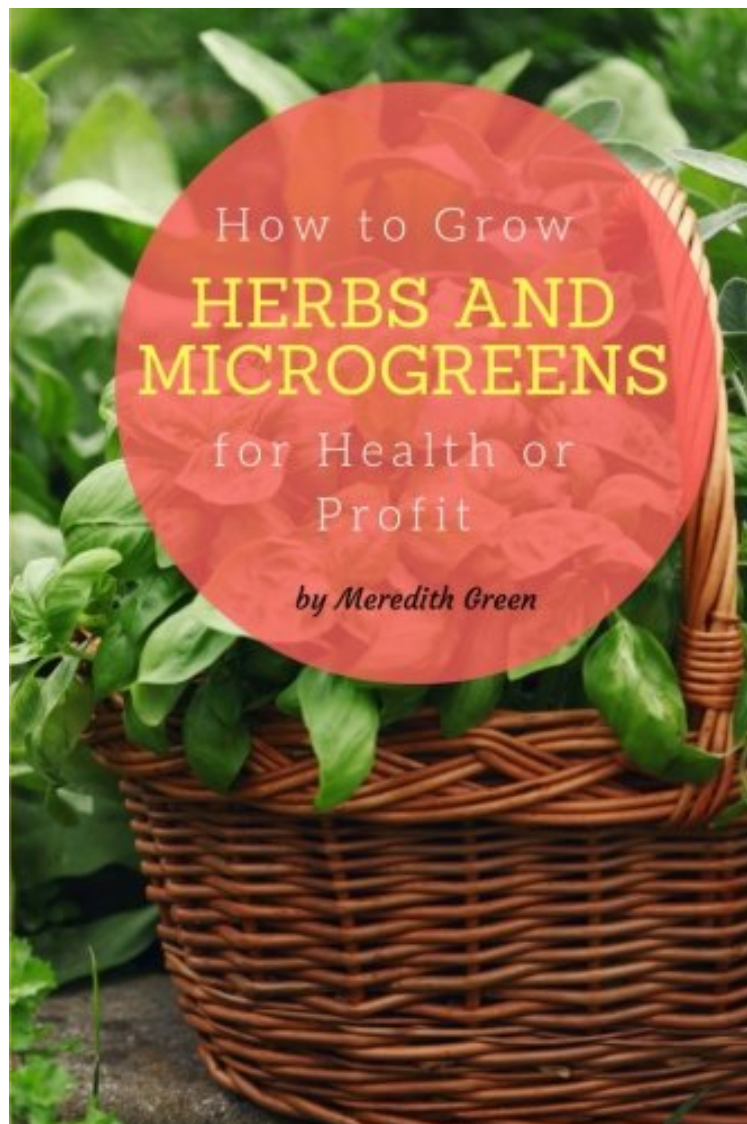


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How to Grow Herbs and Microgreens for Health or Profit: Make money growing herbs and microgreens indoors

Meredith Green

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Meredith Green : How to Grow Herbs and Microgreens for Health or Profit: Make money growing herbs and microgreens indoors before purchasing it in order to gage whether or not it would be worth my time, and all praised How to Grow Herbs and Microgreens for Health or Profit: Make money growing herbs and microgreens indoors:

1 of 1 people found the following review helpful. Poorly written. Not worth your time or money.By CustomerThis is a

really bad book. The author and or editor needs to spend more time refining this book. Rpeated same sentences on the same page on more than one occasion, felt like a was reading a fill in the blank kids story about gardening. Totally 73 pages all the information in this book is easily gathered on the Internet in just over an hour worth of reading. Then, didn't seem like she had any real experience, say things like, "below is a list if herbs and microgreens and what they may need to grow healthy." Using the word may is why she seems to have little personal experience. In the herbs section each herb is said to be marketable, but no information is given as to wholesale or retail price per oz or lb. No statistics about how much a grower or the author may earn per plant or per square foot or per hour. Finally, in the Microgreens chapter she list sprouts. Well sprouts are not microgreens. Sprouts are not planted in soil, sprouts are harvested in 3-5 days instead of 10-12 days. Stopped wasting my time in the middle of chapter 3 about microgreens. Please don't waste yours. 0 of 0 people found the following review helpful. Amazing amounts of ideas By BaileyminnI purchased this book because I wanted to start growing my herbs at home. I found that the "fresh" herbs from the store are not so fresh. I prepare most of my meals from scratch therefore I don't like to cut corners. Not only did I get many tips on proper lighting and watering, I got many cost savings ideas of how I can plant my herbs. 0 of 0 people found the following review helpful. Four Stars By Guy Peters good info

Today the trend is toward eating healthier. A person also needs to consider what chemicals are used to grow their food. You can quite easily grow your own herbs and microgreens no matter how much space you have available. Some microgreens contain up to 40 times more nutrients. Not only can you grow these for yourself but with such a high demand many people are making a full-time living selling their bounty for profit. This book contains information to help you make the most of your space and start your indoor garden. Whether for healthy living or for profit this book will help you on your journey.

About the Author Meredith Green loves to help others. She doesn't consider herself an author - just someone sharing information. She is down to earth, an entrepreneur, family-oriented and a fairly private person.