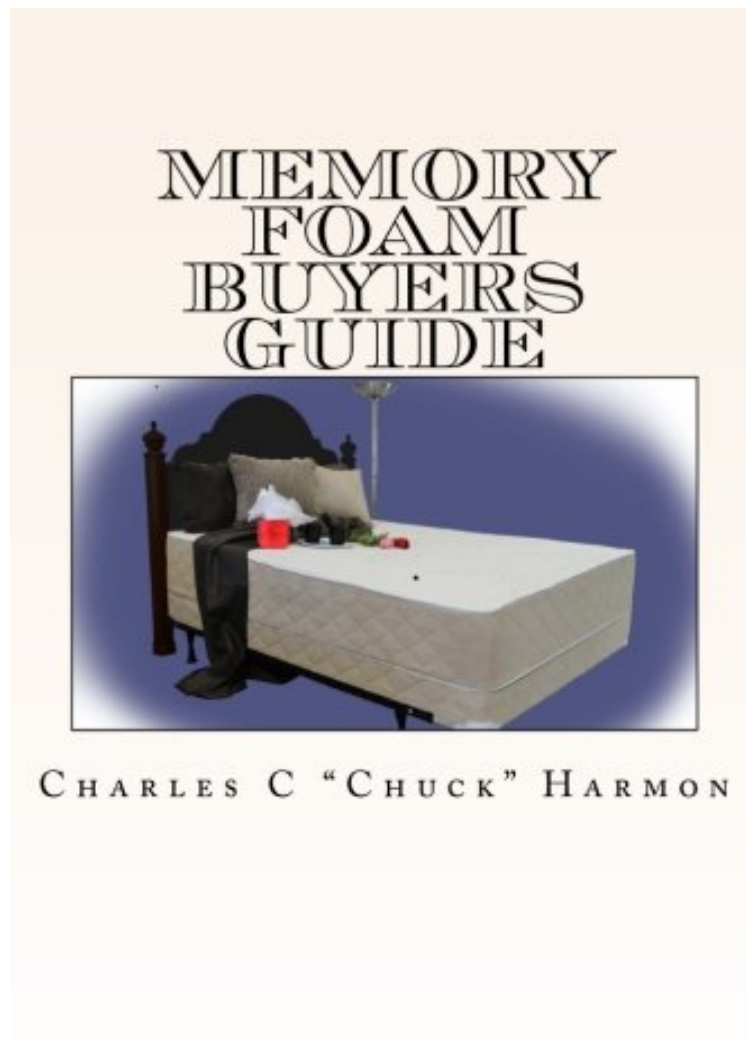


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Memory Foam Buyers Guide: Discover the 5 Fatal Mistakes People Make When Buying a Memory Foam Mattress

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22 of 24 people found the following review helpful. I can save you \$\$\$. Just read this review for freeBy Miss Ultra

Handy Why on earth would you buy a book in this day and age when you can just go online and read stuff? Here is the low down. Always buy at least 4lb or 5lb memory top. Always make sure the total memory foam layer on top of the mattress is 4"-5", combined. (some mattresses have two layers, a cool gel foam layer and regular foam) If you sleep hot, by all means buy a memory foam mattress with a cooling layer, preferably cool gel type. Try to buy only mattresses with at least a 20 year warranty. This doesn't mean they will last 20 years, it just means it's well enough made that the manufacturer is confident. Never buy a mattress that does not have layers, because otherwise they sink and have permanent dents where you sleep. Go to a store to see what firmness matches you. Ask about the firmness rating when you buy. They rate them by numbers. Side sleepers need a softer one, back sleepers need a firmer one. It's pretty easy, and everybody prefers what they prefer. Do not spend \$7,000 on a Tempurpedic. There are so many memory foam mattresses out there in the \$400-1200 range that are the equal of that Tempurpedic. The best brands on are Dynasty (I have that one because it comes in many firmness ranges and looks good) and Costco has some great ones too. Sleep Innovations, Ultimate Dreams, and best of all Bed in a Box are the great ones. But IMO they aren't any better than Dynasty on , which is cheaper. And finally, a word about mattress toppers. They are interesting and meh ok, if you have a newish bed that is super firm, but otherwise, save your money. Just get the real thing, because a good topper is \$200-300, and why not just get the real thing, a whole mattress, for about \$100-300 more? Ok, people. I just saved you money on this book. And if you want more, go to this great website called Sleep Like The Dead but without the spaces and follow it with the standard dot com part. I don't think I can include a link on an review, but you can google it. 0 of 0 people found the following review helpful. Good for people who are going to buy a memory foam mattress. By Nicole Yes you can find this stuff online, but we aren't reviewing the book's necessity, we're reviewing the book itself. Buy it if you want to read a book on the subject before spending boatloads on a bed, if searching the internet is your style, feel free to do that too. 1 of 2 people found the following review helpful. Haha By jellingLmfao. Really? Had to one star this cash grab.

Discover the 5 Fatal Mistakes People Make When Buying a Memory Foam Mattress or Topper and How You Can Avoid Them.