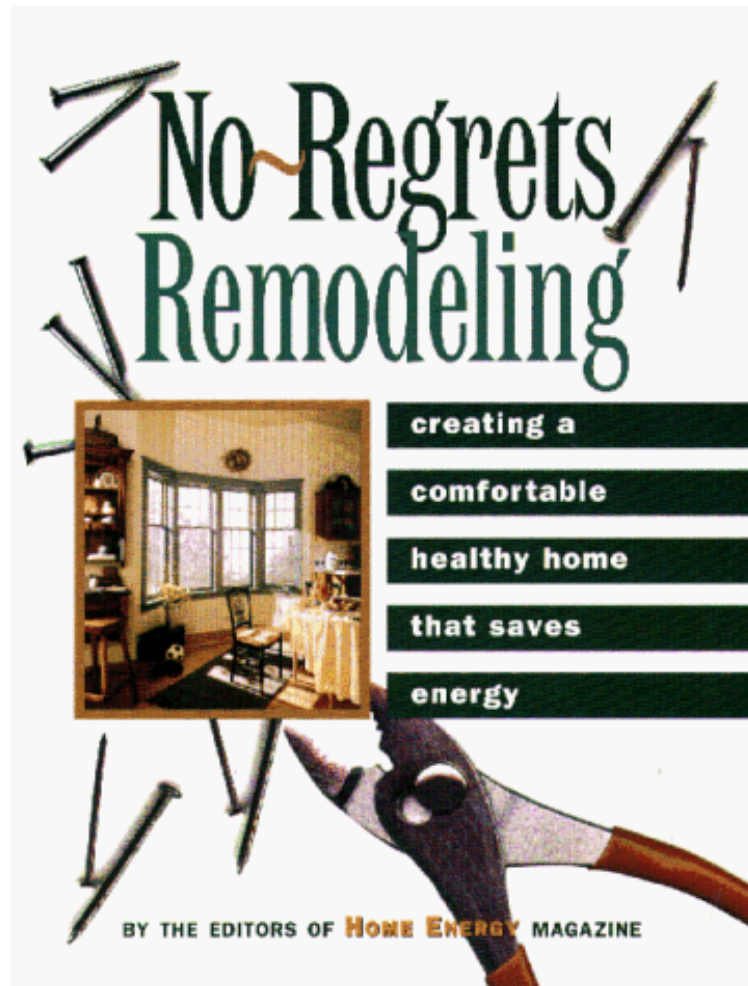


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# No-Regrets Remodeling: Creating a Comfortable, Healthy Home That Saves Energy

Home Energy Magazine

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**Home Energy Magazine : No-Regrets Remodeling: Creating a Comfortable, Healthy Home That Saves Energy** before purchasing it in order to gauge whether or not it would be worth my time, and all praised No-Regrets Remodeling: Creating a Comfortable, Healthy Home That Saves Energy:

0 of 0 people found the following review helpful. Practical and Actionable By rational reader This book is rooted in real-world experience, and is not some theoretical guide on how one "could" remodel for efficiency. There is information applicable for both large and small remodeling projects. Just be sure to read it before you get in the middle of your project, because no-regrets remodeling begins in the planning stages. 15 of 16 people found the following review helpful. Don't do a thing to your house until you read this. By A Customer Understanding the ways changing and "improving" our homes affects the comfort and performance of the whole house is a science that has advanced

tremendously in the last ten years. This is the first book for the homeowner/do-it-your-selfer that makes all that building science accessible and practical. You'll save the price of the book the first month in reduced energy bills, and thank yourself every month for the added comfort and the peace of mind. You will also want to keep it for reference and to loan to your friends and relatives. 12 of 14 people found the following review helpful. A must read for a first time remodeler, or homeowner

By A Customer

I spent months digging up a portion of the information contained in this book. If you're planning on remodeling, adding on, buying your first house, or if your house is uncomfortable in any way, or your utility bills are too high, then you need to read this book.

In no-regrets remodeling you will find out how to make home improvements that benefit your house, your bank account and your well-being. Here you will learn how new technologies and building practices can do more than make your home look better. It will also feel better, increase in value and cost less to heat, cool and maintain. Chapters guide you through steps that will: eliminate drafts, end mold and mildew problems, prevent peeling paint and rotting roofs, stop family thermostat wars, create more attractive and efficient lighting, provide a new sense of quiet, decrease allergies, protect against carbon monoxide poisoning, attract loans that put money in your pocket and save on utility bills.